

A Review of

## ***Living a Miracle***

Turning Your Obstacles Into Opportunities

Author: Randy Sims

Reviewed by Jim Gleason, heart recipient

Let me say it right up front, this is a book I can recommend giving any patient, whether waiting for their transplant or later when living post transplant. Randy Sims' story is one of long term survival aided by successful transplant, interwoven with inspiring insights and advice on how attitude, prayerful faith in God and strong family support can make any of life's challenges not only survivable but springboards to other successes in life.

At the age of 10, Randy was diagnosed with cystic fibrosis and given a life expectancy of just two years. His family gave him a foundation of faith by doing whatever it took to allow him to live each day to its fullest even at that young age. With an attitude built on such example, Randy shares with his reader 131 pages of easy reading about life lessons that illustrate practical application of positive ways to face their own life challenges. The balance of Randy's life story with inspiring and motivational messages of hope and success amid difficulty makes this book a perfect gift for anyone, one that will beg to be read and reread with its timeless and upbeat message for living life to its fullest.

Randy has just celebrated his 40<sup>th</sup> birthday thanks to a double lung transplant in 1999 that transformed his life, allowing him to share the celebration of competing in the last four US Transplant Games with his readers as one of many examples of his new life post transplant.

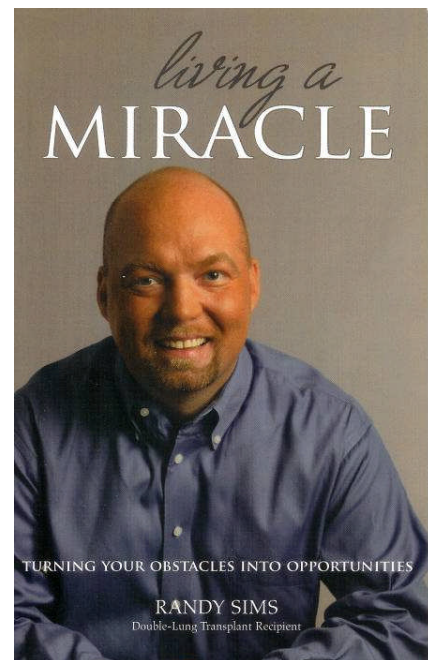
Today, despite such odds, Randy Sims owns a successful executive recruiting business, allowing him the flexibility needed to travel and give motivational presentations nationwide. In publishing this book, he is truly "living a miracle" life that supports his main message of how anyone can turn life's obstacles into opportunities.

His is a truly amazing life of human endurance and transplant success, but more importantly, a story of life's success that any reader can relate to in facing their own life's challenges. Randy Sims, yours is truly an inspirational story for us all.

Note: **Living a Miracle** is available in either hard cover or paperback from [Amazon.com](http://Amazon.com) or [BarnesandNoble.com](http://BarnesandNoble.com)

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### **Brief bio:**



Jim Gleason, receiving his own heart transplant Oct. '94, retired after 37 years with Unisys Corporation in 2005, is a volunteer with NKF and UNOS as well as a nationally recognized speaker and author. His own book, **A Gift from the Heart**, is offered free in thanks to his donor family and can be obtained by contacting him at [GLEASONJIM@AOL.COM](mailto:GLEASONJIM@AOL.COM).

(total: 443 words in length)